





# WHAT IS CONSERVATION?

Conservation is taking action to protect or "conserve" our planet, and all the living and non-living things that make up our home!

## WHAT CAN YOU DO TO HELP?

There are things you can do every day to help preserve and protect our planet!

1. Turn off the water while you brush your teeth
  2. Bring your own bags to the grocery store
  3. Pick up trash at your local park or around your house
  4. Talk to your guardians about recycling
  5. Use reusable containers for your lunch
  6. Plant a "no till" garden with local wild flowers and vegetables
  7. If they are using lawn fertilizer, encourage your guardians to use a natural fertilizer
  8. Use rain barrels to catch rain water from your gutters and use the water for your garden
  9. Put dead leaves and grass from your yard onto your garden as mulch
  10. Think about: Where does your water go? Where does water come from?
  11. Plant trees for shade - Tip for guardians: Also helps to lower utility bills!
  12. Start a compost bin for your food waste
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